# TOBACCO USE

## **Current cigarette smokers:**

- Nineteen percent of Montana adults in 2000 reported that they currently smoked cigarettes.
- The prevalence of smoking among Montana adults has remained virtually unchanged since 1990.
- Only 10% of adults aged 65 and older were current smokers; substantially less than adults in younger age classes (≥18%).
- Self-reported smoking was inversely associated with education and annual household income levels. Less than 11% of
  adults with a college degree or adults with annual household incomes of \$50,000 or more reported that they currently
  smoked cigarettes.
- Substantially more non-white or Hispanic adults (34%) reported that they smoked cigarettes than white non-Hispanic adults (18%).

Note: A current smoker is defined as someone who has ever smoked 100 cigarettes and who now smokes every day or some days.

## Quit smoking for at least one day in past year:

- In 2000, 52% of current smokers who smoked every day reported that they quit smoking for at least one day in the past year.
- Age, educational attainment and household income levels had little impact on reported efforts to quit smoking for at least
  one day in the past year for current adult smokers in Montana.

### **Current smokeless tobacco users:**

- Six percent of Montana adults reported that they currently used smokeless tobacco in 2000.
- Self-reported smokeless tobacco use among Montana adults has remained approximately the same since 1990.
- Substantially more males reported using smokeless tobacco (13%) than females (<1%).
- Self-reported smokeless tobacco use was highest among 18 to 54 year olds (≥7%), while less than 3% of adults aged 55 and older reported using smokeless tobacco.

Note: A current smokeless tobacco user is one who reported that they currently use chewing tobacco, snuff, or both.

## **Healthy People 2000 Objectives:**

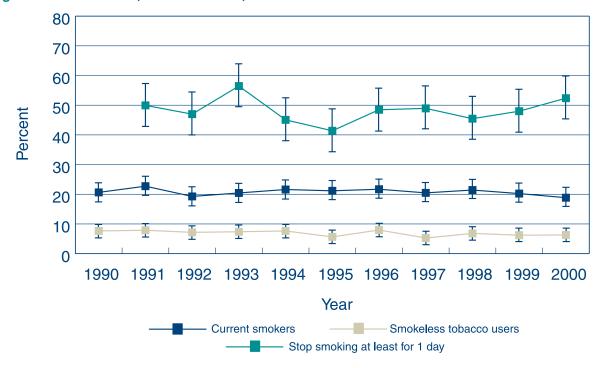
- 3.4 Reduce cigarette smoking to a prevalence of no more than 15 percent among people aged 18 and older.
- 3.5 Increase to at least 50 percent the proportion of cigarette smokers aged 18 and older who stopped smoking cigarettes for at least one day during the preceding year.

#### **Healthy People 2010 Objectives:**

- 27-1a Reduce cigarette smoking by adults (to at least 12%).
- 27-5 Increase smoking cessation attempts by adult smokers (to at least 75 percent).

Table 12. Tobacco Use, Montana Adults, 2000 (with 95% confidence intervals). Quit smoking for at least **Current smokeless** tobacco user **Current smoker** 1 day\* **Total Total** Total CI CI CI No. **WT.%** No. **WT.%** No. **WT.% All Adults:** 2000 3011 18.8 17.0-20.6 549 52.4 46.6-58.2 3015 6.3 5.1-7.5 Sex: 1287 18.0 15.2-20.7 214 54.9 45.7-64.0 1287 12.6 Male 10.2-15.0 Female 1724 19.7 17.3-22.1 335 50.3 43.0-57.6 1728 0.3 0.0 - 0.6Age: 228 17.6 12.1-23.1 44 229 7.2 3.1-11.2 18-24 81 61.5 47.8-75.1 25.3 19.7-30.9 417 9.8 6.6-13.0 25-34 418 14.5-22.1 128 45.9 33.6-58.2 9.2 5.9-12.4 35-44 675 18.3 677 45-54 644 20.6 16.7-24.5 131 44.5 33.2-55.9 644 7.1 3.8-10.4 55-64 416 22.5 17.4-27.6 100 41.5 28.5-54.4 417 2.8 0.8-4.7 65+ 7.2-13.3 65 52.8 36.4-69.2 1.0 0.2-1.9 626 10.3 627 **Education:** 93 53.3 37.9-68.8 286 4.6 <High School 285 30.6 22.7-38.6 1.6-7.6 977 23.9 20.3-27.4 211 55.6 46.8-64.4 977 8.4 5.9-11.0 High School Some College 906 18.9 15.5-22.3 170 50.5 39.9-61.1 906 5.0 3.1-6.9 10.3 74 45.8 30.7-60.9 844 5.8 3.6-8.1 College Degree 841 7.8-12.7 Income: 29.0 93 57.8 289 289 22.2-35.8 44.3-71.2 4.1 0.4-7.8 <\$15,000 31.3 26.3-36.2 169 57.6 47.3-68.0 636 4.7 \$15,000 - \$24,999 634 2.6-6.7 \$25,000 - \$49,999 899 18.0 14.8-21.3 143 40.8 30.3-51.2 902 8.8 6.3-11.4 \$50,000 - \$74,999 321 9.3 5.7-12.9 33 321 8.3 3.5-13.2 199 \$75,000+ 200 11.5 24 6.2 - 16.73.5 0.5 - 6.4Race: White, non-Hispanic 2596 17.6 15.7-19.5 420 50.9 44.5-57.3 2598 6.3 5.0-7.6 Non-white or Hispanic 405 34.3 27.4-41.2 127 63.3 50.7-75.9 407 7.1 3.4-10.7

Figure 11. Tobacco Use, Montana Adults, 1990-2000.



<sup>\*</sup> Denominator is current smokers who smoke everyday